

# ***FREE*** ***Taking Care of a Baby Class***



Go to **[www.aahealthybabies.org](http://www.aahealthybabies.org)** to take this free online class that shows how to keep a baby safe and healthy.

This class will teach you how to:

- calm a crying baby
- provide a safe sleep environment and reduce the risk of SIDS (Sudden Infant Death Syndrome)

You will receive a Certificate of Completion after finishing the online class.

**Visit [www.aahealthybabies.org](http://www.aahealthybabies.org) for FREE**  
Healthy Pregnancy and Baby Care kits and information.

